



Bill Wolfe DDS

An Integrative Approach to Health Care

by Bill Wolfe DDS

As healthcare practitioners, our main goal is our patient's well-being. In an integrative healthcare model, all practitioners need to learn to work together for a common goal. Dental professionals need to educate themselves about different treatments and diagnoses that relate to the body as a whole. Medical practitioners need to educate themselves about oral conditions and diseases that affect the overall health of their patients.

The oral cavity has the highest bacteria count of any area of the body. There have been numerous research studies showing how gum disease and bacteria in the mouth are associated with potential heart attacks, strokes, premature births, diabetes, etc. Also, there are issues of mercury (silver fillings), nickel crowns, biocompatibility of dental materials, electrogalvanism/dissimilar metals, dead teeth, bite imbalances, chronic jaw infections, etc., and their potential effects on the entire body. In addition, the major organ acupuncture meridians flow through the oral cavity and the teeth can affect organs at a distance, through their effects on

these associated meridian/energy pathways. Therefore, the health of our mouth is crucial to our overall health. As the body is all one piece, the oral cavity, teeth, and the dental materials within are vastly overlooked and *important components in the systemic health puzzle*. However, even though dentistry may be a huge, missing piece, the dentist cannot entirely eliminate the health effects of these issues alone, as an integrative approach to needs to be utilized, involving other health practitioners, in order to restore the body to its highest health.

The effects of dead, toxic teeth retained in the mouth, plus the toxic materials used in the mouth can create systemic toxicity in distant parts of the body that would not be apparent to a dentist or physician not versed in such information. An example of how a physician and dentist would work together would be the following scenario: A patient has a heavy metal (urine) test done at a physician's office. The results indicate high levels of lead, mercury, arsenic, and uranium, etc. Since it has been known and quantified through clinical testing for decades that mercury vapor is continually released from silver amalgam fillings (see a portion of OSHA letter below), it is vital that the mercury fillings be replaced.

“Although there would be no difference between mercury vapor measured inside the mouth and outside the mouth, the exposure potential of intra-oral mercury would be much greater than that of extra-oral mercury vapor, as mercury is toxic through the routes of absorption and ingestion, as well as by inhalation.”—U.S. Department of Labor, Occupational Safety and Health Administration, letter to me dated Nov. 26, 1986.

The patient is then referred to a mercury-free dentist for safe removal of the fillings at the request of the patient and referring physician. After completion of the mercury filling removal, the patient can now be pronounced as “mercury free” in their mouth, but certainly not be systemically mercury free, as the mercury has been vaporizing from the fillings for years. Now the systemic detoxification continues under medical supervision. In addition, since teeth affect organs and structures at a distance through the oral acupuncture meridian system, certain meridians associated to the treated teeth may require stimulation and balancing by an acupuncturist.

Another example of integrative health care involving dentistry concerns dead, toxic teeth and high bacterial counts associated with periodontal (gum and bone disease). This pathologic condition is characterized by symptoms ranging from swelling and bleeding of the gum tissue, receding gums, bone loss and loose teeth. This disease process is present in

SILVER FILLINGS ARE APPROXIMATELY 50% MERCURY!

SHIRLEY MACLAINE
SAGE-ING WHILE AGE-ING

“I was fortunate to meet and be helped by Dr. Bill Wolfe... and I urge you, dear reader, if you are having tooth problems, to go to his website at www.drwolfe.com.”

— Shirley MacLaine
Academy Award Winning
Movie Actress

Dentistry is always a piece of the total health puzzle—sometimes a very vital missing piece.

Bill Wolfe DDS
www.drwolfe.com

MERCURY FREE DENTISTRY SINCE 1979!
Mercury Safe Office – Mercury/Amalgam Separators Installed

DR. WOLFE NOW EXCLUSIVELY IN ALBUQUERQUE!
ABQ – 10409 Montgomery Pkwy NE, Ste. 102 – 505.299.6950

Financing Available!
Intro exam & consult \$1.00 (x-rays additional)

approximately 85% of the population. While periodontal disease is thought of as an older person's affliction, as many as one-half of high school students have some form of gingivitis. Any degenerative condition in the mouth is a potential energetic disruption of the associated energy meridian and the bacteria can migrate throughout the body leading to higher instances of the following medical conditions:

Heart Attack and Stroke: Patients with periodontal disease are twice as likely to suffer a fatal heart attack and nearly three times as likely to suffer a stroke as those without periodontal disease. This association with heart disease is especially evident in patients under 50.

Bacterial Infection and Diabetes:

It has been well established that diabetes predisposes patients to bacterial infections, including those affecting the oral cavity. Recent studies provide strong indications that periodontal disease can make diabetes worse, as diabetics with severe periodontal disease have greater difficulty maintaining normal blood-sugar levels. Dental researchers now recommend that periodontal inflammation be treated and eliminated in all diabetic patients in order

to significantly reduce the risk of injury to the retina and arteries. Such treatment also often leads to a reduced need for insulin.

Pneumonia and Other Respiratory Diseases: Pneumonia occurs when bacteria dwelling in the oral cavity and throat are inhaled into the lungs where immune system defenses fail to fight them. Some bacteria that cause pneumonia thrive in infected oral tissues of patients with periodontal disease.

Premature Birth: There is increasing evidence that infections in the mouth have a direct link to inducing premature labor. In one study, researchers found that mothers of prematurely born babies were seven times more likely to have advanced periodontal disease as mothers whose babies were born at normal weight.

Other Infections: Patients with artificial heart valves and joints are at increased risk of suffering a serious infection when periodontal bacteria enter the bloodstream. In patients with artificial heart valves, the infection can be fatal unless promptly and aggressively treated with antibiotics.

Headaches and "TMJ" issues are major problems that can severely affect people's quality of life, yet are routinely overlooked by dentists and physicians. Approximately 40 percent of all healthy individuals suffer from chronic headaches, and one out of eight people suffer from headaches so severe that

they cannot function normally. Often, these problems are related to a common cause of chronic pain: TMJ Syndrome. TMJ stands for temporomandibular joint. This is the joint in the jaw that allows the jaw to open, close, move backward and forward, and from side to side. The term "TMJ Syndrome" refers to a malpositioning of the respective jaw structures and associated muscles. This condition results in muscle contractions, which are a factor in approximately 80 percent of all tension-related headaches. Some 75 million Americans are affected by TMJ Syndrome, but only about 5% of all TMJ patients are actually diagnosed

THE TEETH AND THE BODY																		
ENERGETIC INTER-RELATIONS																		
RIGHT SIDE								LEFT SIDE										
JOINTS	Shoulder	Jaw Hip	Shoulder	Posterior knee				Posterior knee				Shoulder	Jaw Hip	Shoulder				
	Elbow	Anterior knee	Elbow	Hip	Sacro-coccygeal Joint	Sacro-coccygeal Joint	Hip	Sacro-coccygeal Joint	Hip	Elbow	Anterior knee	Elbow						
	Sacro-iliac	Hand	Hand	Ankle joint				Ankle joint				Hand	Foot	Sacro-iliac				
ORGANS	Ear	Tongue	Nose	Eye	Nose	Nose	Eye	Nose	Tongue	Ear								
	Heart	Pancreas	Lung	Liver	Kidney	Kidney	Liver	Lung	Spleen	Heart								
	Small intestine	Stomach Mammary gland	Large intestine	Gall bladder	Rectum Genito-urinary Prostate	Rectum Genito-urinary Prostate	Gall bladder	Large intestine	Stomach Mammary gland	Small intestine								
TEETH	Pituitary gland Ant. lobe	Pan-Thyroid	Thyroid	Thymus	Pituitary gland Post. lobe	Pineal gland	Pineal gland	Fibutary gland Post. lobe	Thyroid	Thyroid	Pan-Thyroid	Pituitary gland Ant. lobe						
	RIGHT	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	LEFT
		32	31	30	29	28	27	26	25	24	23	22	21	20	19	18	17	
ORGANS	Small intestine	Large intestine ileo-cecal area	Stomach Mammary gland	Gall bladder	Adrenal gland Rectum Genito-urinary Prostate	Adrenal gland Rectum Genito-urinary Prostate	Gall bladder	Stomach Mammary gland	Large intestine	Small intestine								
	Heart	Lung	Pancreas	Liver	Kidney	Kidney	Liver	Spleen	Lung	Heart								
	Ear	Nose	Tongue	Eye	Nose	Nose	Eye	Tongue	Nose	Ear								
JOINTS	Shoulder	Shoulder	Jaw Hip	Posterior knee				Posterior knee				Jaw Hip	Shoulder	Shoulder				
	Elbow	Elbow	Anterior knee	Hip	Sacro-coccygeal Joint	Sacro-coccygeal Joint	Hip	Sacro-coccygeal Joint	Hip	Elbow	Anterior knee	Elbow						
	Sacro-iliac	Hand	Hand	Ankle joint				Ankle joint				Hand	Foot	Sacro-iliac				

Chart developed by Dr. Voll and Dr. Kramer 1953

www.drwolfe.com

correctly and treated for their problem.

Those medical doctors, chiropractic physicians, and bodyworkers that recognize the presence of a TMJ imbalance are of great assistance in the effectiveness of their own patient treatment when they refer to a dentist that is experienced in the management of head, neck and facial pain. Working together to keep the jaw in the balanced muscular position while the spine, sacrum, etc. are adjusted has resulted in life changing outcomes.

With an expanded scope of the benefits of integrative care, the patient is the recipient of a healthcare team dedicated to increasing their health and wellbeing, in a more effective way than could be provided individually.

Dr. Bill Wolfe DDS, 505-299-6950 www.drwolfe.com